Reset is **CONTACT US** trauma informed and If you would like to speak to a member uses a of our team, please call us on: strength-based approach Southampton, Russell: 07516 232998 Eastleigh & New Forest Reset can support in Basingstoke, drug testing Rushmoor, Hart Lauren: 07719 065626 Test Valley & Winchestér Reset is about Portsmouth, Havant, East doing with Kasia: 07719 065608 Hampshire, Gosport & someone and Fareham not against them Isle of Wight **To Be Confirmed** Reset takes into account Adverse Email your referrals to : Childhood Email Reset@ssjames.cjsm.net **Experiences** DONNA JONES **POLICE & CRIME** Head Office: The Society of St James 125 Albert Road South, Southampton, SO14 3FR A Company limited by guarantee and registered in England No. COMMISSIONER Housing Association No. LH4337. Registered Charity No. 1043664.

Phone: 023 8063 4596



We are here to support 18-25 year olds build a healthy, rewarding and crime-free life.

## RESET NAVIGATORS

Young adulthood can be a challenging time for 18 - 25 year old young adults. It's a time of developmental milestones, often accompanied with a lack of maturity and poor decisions.

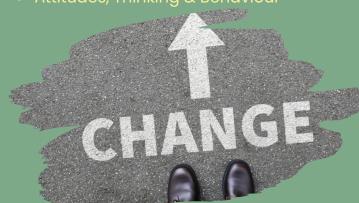
## HOW WE HELP

Those arrested and taken into Police Custody will be made aware of RESET and asked if they would be interested in a meeting with a RESET Navigator. Navigators can also offer support directly from point of arrest in Police Custody.

RESET will use a trauma informed approach to forge a rapport with engagement focusing on a strengths based assessment to build on the positive elements of an individual to engage and divert away from the criminal justice system.

A co-produced plan will be developed looking after their needs across the 7 Pathways to offending:

- Drug & Alcohol
- Accommodation
- Education, Training, Employment
- Debt & Finance
- Children & Families
- Health
- Attitudes, Thinking & Behaviour



## PROVIDING SOMETHING DIFFERENT

Experience has taught us that in order to engage this cohort of individuals, incentives and activities are key. Each area will have it's own personalised budget which will allow navigators to 'spot purchase' activities eg gym membership, that are not already available through other means. Navigators will be ACE's aware and work with the individuals to build trust and a safe space, which includes choice, collaboration and empowerment.



We understand how difficult this work can be, but we've supported many people to change their lives for the better.